

Exam. Code : 404801

Subject Code : 7271

Diploma in Cosmetology (Full Time) 1st Semester

Paper—II

Time Allowed—3 Hours]

[Maximum Marks—50

Note :— Attempt **FIVE** questions, selecting any **ONE** question from each section. The **fifth** question may be attempted from any section. All questions carry equal marks.

SECTION—A

1. Explain the importance and rules of Yoga.
2. What is Aerobics ? Explain its uses.

SECTION—B

1. What is asana ? Which yoga asana is good for back pain and cervical ? Explain.
2. Explain the technique, breathing process and benefits of Vajar and Tar asana.

SECTION—C

1. What is Hair ? Explain the structure of hair diagrammatically.
2. Explain the contagious disorders of hair with herbal treatments.

SECTION—D

1. Explain the process of sanitizing tools in Salon.
2. Explain the process of U-cut along with its precautions.